Dear Colleague,

The Society on Sarcopenia, Cachexia and Wasting Disorders (SCWD) is pleased to invite you to attend its first Updates Programme on Cachexia, Sarcopenia and Wasting Diseases that will be held on December 10-11, 2016, in Berlin, Germany.

As an international and multidisciplinary organization, the SCWD seeks to further research on cachexia, sarcopenia and muscle wasting in order to bring practical solutions to healthcare teams worldwide. Since the first cachexia conference that took place in Berlin in 2000, over 2000 physicians from over 25 countries have attended our educational sessions. In 2015, 60 international speakers and over 500 participants joined together in Paris. They expressed the need to hold a conference annually. That is the reason why the Board of SCWD is making preparations for a rich two-day program in Berlin, one of the most dynamic cities of Europe in terms of cachexia and sarcopenia research. All will be able to contribute to general discussions in plenary sessions.

We expect this SCWD updates 2016 to be a unique forum for all medical professionals dealing with muscle wasting in their disciplines and we look forward to meeting you in Berlin.

Yours sincerely,

John E. Morley

Stefan D. Anker

---

**9th INTERNATIONAL CONFERENCE ON CACHEXIA, SARCOPENIA & MUSCLE WASTING**

10-11 DECEMBER 2016 BERLIN

VENUE: MELIA HOTEL

CHAIRS:

Stefan Anker, Germany

John Morley, USA

> Cachexia in Cancer, Heart Failure, COPD, CKD and Stroke
> Sarcopenia, Frailty and the Dysmobility Syndrome
> Pathophysiology and Epidemiology of Muscle Wasting
> Body Composition Assessments
> Screening, Diagnostic and Management
> Special Populations
> Clinical Trial Data

Deadline for late breaking research and late breaking clinical abstracts submission: September 30, 2016

www.cachexia.org
PRELIMINARY CONFERENCE PROGRAM

SATURDAY, 10 DECEMBER 2016

SPECIAL SESSIONS  PRE-REGISTRATION REQUIRED

7:15-8:15
Ken Fearon Career Café – Meet the Mentor
Coordinated by Mitja Lainscak, Slovenia

Statistical seminar
Chaired by Jennifer Le-Rademacher, USA

SESSION A  OPENING SESSION

8:30-10:30
Cachexia & sarcopenia in 2016: Facts and numbers
CHAIRS: Stefan Anker, Germany, Mitja Lainscak, Slovenia and Filippo Rossi-Fanelli, Italy
PANELISTS: Serguei Fetissov, France - Kamyar Kalantar-Zadeh, USA - Ashok Kumar, USA - John Morley, USA - Maria Rohm, UK

Welcome
• Tribute to Ken Fearon – Vickie Baracos, Canada, John Morley, USA
• Cachexia epidemiology – Kamyar Kalantar-Zadeh, USA
• Sarcopenia epidemiology – John Morley, USA
• Update on signaling pathways – Ashok Kumar, USA
• Metabolic Dysfunction & Cancer - Update 2016 - Maria Rohm, UK
• Panel discussion

10:30-11:30
Coffee break & science – Poster viewing session 1

SESSION B

11:30-13:00
Assessing cachexia and sarcopenia in clinical studies/trials
CHAIRS: Wolfram Doehner, Germany, Carla Prado, Canada and Jean Woo, Hong Kong

• Short overview of definitions and tools – Stephan von Haehling, Germany
• Grip strength & daily physical activity - update 2016 - Taina Rantanen, Finland
• Functional tests: gait speed & SPPB test – TBD
• Imaging for body composition - Steven Heymsfield, USA

13:00-14:15  Break

13:15-14:15  Lunch symposium on Ghrelin
Supported by Helsinn

SESSION C

14:30-16:00
Best 6 poster talks
CHAIRS: Egidio Del Fabbro, USA - Tommy Cederholm, Sweden

16:00-17:00
Coffee break & science – Poster viewing session 2

SESSION D

17:00-19:00
Mechanisms of muscle wasting
CHAIRS : Volker Adams, Germany, Didier Attaix, France and Jochen Springer, Germany

• NF-κB in muscle physiology and pathology - Denis Guttridge, USA
• Cancer-induced wasting: compensatory strategies activated by the skeletal muscle – Paola Costellli, Italy
• Autophagy across muscle disease - Marco Sandri, Italy
• E2-Ub-conjugating enzymes in skeletal muscle atrophy – Daniel Taillandier, France
• Gene therapy to face muscle wasting – Paul Gregorevic, Australia
• Cachexia in chronic kidney disease - Robert Mak, USA

19:00-20:00
Welcome reception & poster viewing (poster area)

Follow us on www.cachexia.org
SESSION E

8:30-10:00

**Exercise, nutrition and metabolic problems in cachexia**
CHAIRS: Alessandro Laviano, Italy and Michael Toth, USA

PANELIST: Josep Argiles, Spain - James Carson, USA - William Evans, USA - Andrew Judge, USA - Annemie Schols, The Netherlands - Tommy Cederholm, Sweden

- Contraction and nutrition interaction in cachectic skeletal muscle: the anabolic response – James Carson, USA
- FoxO and FoxO regulation in the pathogenesis of muscle wasting – Andrew R Judge, USA
- Nutrition and exercise interaction – update 2016 – William Evans, USA
- Exercise and anabolics – Annemie Schols, The Netherlands
- Panel discussion

10:00-11:00

Coffee break & science – Poster viewing session 3

SESSION F

11:00-13:00

**Special problems in muscle wasting**
CHAIR: Zudin Puthucheary, UK - Piotr Rozentryt, Poland

Joerg Schefold, Switzerland

- Burns – Teresa Zimmers, USA
- Role of brain in controlling anorexia and cachexia – Robert Mak, USA
- Myopathy due to statin therapy – Josep Argiles, Spain
- Mitochondriopathies – Michelangelo Manusco, Italy
- Muscle wasting in chronic liver disease - Srinivasan Dasarathy, USA
- Lipid changes at the interface between muscle and nervous system: the initial step of sarcopenia? – Alessandro Laviano, Italy
ABOUT SCWD

The Society on Sarcopenia, Cachexia and Wasting Disorders is a non-profit scientific organization comprised of an international and multidisciplinary group of healthcare professionals primarily active the fields of sarcopenia, cachexia and other wasting disorders. Our mission is to increase awareness, education and research about Cachexia, Sarcopenia and muscle wasting.

The SCWD seeks to further research on Cachexia and Sarcopenia and bring practical solutions to healthcare teams worldwide.

SCWD was founded to improve patient health worldwide and to encourage prevention and treatment of wasting disorders. The spectrum of clinical disorders represented by the SCWD Society includes but is not limited to cachexia, sarcopenia, the syndrome of muscle wasting associated to cancer, COPD, diabetes, heart failure, HIV, malnutrition, aging and other chronic conditions. The Society follows closely the research efforts worldwide and the management strategies that can include drugs and nutrition.

In recent years, there has been tremendous growth in new diagnostic information, pharmacological and nutritional treatments for Wasting Disorders, as well as a greater number of associated clinical trials. SCWD offers you and your patients an essential link to this knowledge.

The Society on Sarcopenia, Cachexia and Wasting Disorders was founded in 2008 on the initiative of Dr. Stefan D. Anker and Dr. John E. Morley, whose leadership and vision guided the expansion of clinical expertise and research in this field.

Dates & venue

9th International Conference will be held on December 10-11, 2016, in Berlin, Germany.

The conference will take place at:
the Melia Hotel, Friedrichstraße 103, 10117 Berlin, Germany

Abstract submission

All abstracts will be published in the December 2016 issue of the Journal of Cachexia, Sarcopenia and Muscle (including on the website www.jcsm.info). Please submit in time as we have to meet the time-lines of the journal publisher.

Information & registration

Please visit www.cachexia.org for additional information on registration and accommodation.

REGISTRATION PRICES

<table>
<thead>
<tr>
<th>Category</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical professionals</td>
<td>690.00 €</td>
</tr>
<tr>
<td>Doctors, scientists &amp; students - up to 35 years</td>
<td>590.00 €</td>
</tr>
<tr>
<td>Nurses, technicians</td>
<td>590.00 €</td>
</tr>
<tr>
<td>Abstract presenters</td>
<td>490.00 €</td>
</tr>
<tr>
<td>Abstract presenters (industry)</td>
<td>690.00 €</td>
</tr>
<tr>
<td>Industry representatives</td>
<td>1 590.00 €</td>
</tr>
</tbody>
</table>

Please visit www.cachexia.org to register online

LOCAL ORGANIZERS

Medical Education Global Solutions
27 rue Raffet, 75016 Paris, France
Tel : +33 (0)1 44 01 51 81
Fax : +33 (0)1 44 01 51 80
Cell: +33 671 91 9977
E-mail: hbaron@mededgs.com